

SWING TIPS

Short Putts

I recently played with an amateur golfer suffering from the short putts syndrome or as some people relate to as the “yips”. After observing a few holes, I asked him what are you thinking about when you stand over the ball on putts inside of 4 feet? He replied, “Keeping the stroke smooth and the same length of back swing vs the follow thru”. Sounds like a good practice thought, **but only in practice**. He lost his confidence, since he missed a few of these in previous games.

Replace the mechanical thoughts in game scenarios and replace with **“this is in the bottom”!** Fear of missing those putts lead to mechanical thoughts resulting in increased grip pressure, heart rate and less feel.

Do you want to feel like the left photo or the right one?



Check out my web site for more tips, rules questions and plenty more!

Sincerely,

Glenn Boswell
C.P.G.A. Professional
Bearspaw C.C.
www.golffactor.ca
Cell: 403-402-7347

